

# ERIK ERIKSSON STAGES

STAGE	CRISIS	FAVORABLE OUTCOME	UNFAVORABLE OUTCOME
First year of life	Trust vs. Mistrust	Faith in the environment and future events	Suspicion, fear of future events
2nd year	Autonomy vs. Doubt	A sense of self-control and adequacy	Feelings of shame and self-doubt
3rd-5th year	Initiative vs. Guilt	Ability to be a 'self-starter', to initiate one's own activities	A sense of guilt and inadequacy to be on one's own
6th year to puberty	Industry vs. Inferiority	Ability to learn how things work, to understand and organize.	A sense of inferiority at understanding and organizing
Adolescence	Identity vs. Confusion	Seeing oneself as a unique and integrated person	Confusion over who and what one really is
Early Adulthood	Intimacy vs. Isolation	Ability to make commitments to others, to love	Inability to form affectionate relationships
Middle age	Generativity vs. Self-absorption	Concern for family and society in general	Concern only for self- one's own well-being and prosperity
Aging years	Integrity vs. Despair	A sense of integrity and fulfillment; willingness to face death	Dissatisfaction with life; despair over prospect of death

# EDUCATIONAL PERSPECTIVE

STAGE	POSSIBLE APPROACH	FAVORABLE OUTCOME	UNFAVORABLE OUTCOME
<b>First year of life</b> Trust vs. Mistrust			
<b>2nd year</b> Autonomy vs. Doubt			
<b>3rd-5th year</b> Initiative vs. Guilt	Targeted but limited quality control	Love of doing without self doubt	Concerned for adult needs
<b>6th year to puberty</b> Industry vs. Inferiority	Follow their bliss, suspending excellence	Focus on process and organizing thoughts	Focus on measuring up. Fear of being left behind.
<b>Adolescence</b> Identity vs. Confusion	Choices! Project based learning. Encourage critical thinking.	Self motivated. Ecstatic about the art form and COLLABORATION	Unsure of purpose of whole endeavor
<b>Early Adulthood</b> Intimacy vs. Isolation	Rehearsing is as important as personal practice	Excited to experience others. Excited to share ideas and info.	Preoccupied with imperfection in self and others. Difficulty being with the art form.
<b>Middle age</b> Generativity vs. Self-absorption	Possibilities are endless	A love and understanding of the whole messy endeavor.	Dwelling on past difficulty. Resentment of the art form.
<b>Aging years</b> Integrity vs. Despair	The art form is a continual transformational and spiritual experience	Deep love of humanity through the art form.	Disassociation from or hatred of the art form